

**University Council
Recreation and Wellness Standing Committee
February 10, 2016**

In Attendance: John MacDonald; Liz Newcomb; Alma Olson; Tyler Riemenschneider;
Kathern Sigal Papp

1. Updates

- Wellness statement was submitted to University Council as well as President Scarborough.
 - President Scarborough replied with a statement that he endorses the adoption of the statement as an overarching philosophy. He will begin communications with human resources to work on implementation.
- Smoking information presented to University Council.
 - Survey was well received.
 - Feedback: People want locations where they can smoke.
- Greg Robinson, past member of the Recreation and Wellness committee, passed away recently due to a heart attack.
- Stacy Adams, Fitness Manager, accepted a new position at Cleveland State University.
- Liz Newcomb graduates in May 2016. This will be her last semester as a member of the committee.

2. Goals

- Audiology Center submitting monthly to wellness website and Digest. Also, will be featured on WAKR UA to Z Saturday February 13, 2016.
 - Consider encouraging more departments to submit to wellness website and Digest as well as appear on UA to Z.
- Future discussion about University Marketing helping with a campus wide wellness event.

3. Tobacco Policy

- Tobacco Free Policy was reviewed.
 - Edits were made to previous draft of policy for submission to University Council.
 - John will work on a final draft for review.
 - Recommendation will be made for implementation by January 2017.

**University Council
Recreation and Wellness Standing Committee
March 16, 2016**

In Attendance: John MacDonald; Kris Kraft; Mary Jane Grebenc; Tyler Riemenschneider;
Kathie Evans; Kathern Sigal Papp

1. Welcome
2. UC Update
 - A. Redline
 - Higher Learning Commission (HLC) hired Association of Governing Board (AGB) consultants to review shared governance bylaws.
 - AGB made recommendations regarding shared governance bylaws, including the termination of the Recreation and Wellness standing committee.
 - B. Bylaw committee
 - University Council (UC) has been charged with responding to the Board of Trustees regarding the recommendations made by AGB.
 - The University Council ad hoc Bylaws Review and Recommendation Committee was formed, with Tim Lillie acting as chair, to respond to the Board regarding the recommendations made by AGB.
3. Kent State
 - As of 2017, Kent State will be a smoke and tobacco free campus, including electronic devices.
 - This policy is part of an overarching Healthy Campus Initiative.
4. Proposal
 - Feedback from President Scarborough's office is desired before giving smoke/tobacco free policy proposal to UC.
 - Tobacco Free Policy Proposal was reviewed and revised.
 - Policy now includes "electronic devices".
 - Revised policy will be sent to committee members for proofreading as well as for a vote to move forward with the proposal.
 - Smoking/Tobacco survey data was presented to UC. John MacDonald is working with marketing and communications to disseminate the data/information.
5. Miscellaneous
 - Rec Center has begun search for the Fitness Director position.
 - After filling this position, the center is hoping to do more outreach activities.

Recreation and Wellness

MINUTES

DATE: AUGUST 9, 2016

TIME: 1:30

LOCATION: REC CENTER
Conference Room

MEETING CALLED BY	John MacDonald, Administrator	
TYPE OF MEETING	Monthly Meeting	
PRESIDER	Kristine Kraft, Chair	
NOTE TAKER	Linda Smith	
ATTENDEES	<p>Members: John MacDonald, Kris Kraft, Kathern Sigal Papp, David Gordon, Trevon Burgins</p> <p>Absent with notice: Amanda Montemayor, Tony Ross, James Thomson, Marci Tomajko, Jeffrey Franks, Jaclyn Scarborough, Peggy Walchalk</p> <p>Other attendees: Annett Mitzel, Alma Olsen, Lisa Ritenour</p>	
Agenda topics:		
1:30	CALL TO ORDER	KRIS KRAFT
DISCUSSION	1. The chair called the meeting to order. She asked for additions to the agenda. There being none, the agenda was approved as distributed by unanimous consent.	
WELCOME		
DISCUSSION	Kraft welcomed Linda Smith, assigned to assist the committee, and new GSG representative Trevon Burgins.	
GOALS UPDATE		
DISCUSSION	<p>It was brought to Kraft's attention that nutrition value on campus is a popular topic. There was discussion on the subject. The committee is not sure if there is much that can be done depending on the contract with Aramark. It was suggested that Aramark be asked to speak at one of the committee meetings. MacDonald indicated that he would reach out to Aramark's General Manager and invite him. It was also suggested that improving nutrition on campus be added as a committee goal.</p> <p>Goal #1: Olsen reported that she is working on entries to wellness website and Digest each month. She reaches out each month to gather information. It was noted that Meghan Meeker has been hired as a Social Media Specialist. It was agreed that it would be a good idea to invite Meeker to a committee meeting.</p> <p>Goal #2 (creating a tobacco/nicotine free campus) Kraft commented that this goal may be accomplished soon.</p>	

	<p>Gordon updated the Committee on the progress of the health wellness program and integrating all UA clinics. The RFP is in progress to collaborate with a physicians group to do an analysis to evaluate efficiency.</p> <p>MacDonald reported that he is working on a pilot program with Parking Services and Summit Cycle on a bike share program. They are moving forward to provide bikes on campus this fall.</p> <p>Kraft will draft changes to the Recreation and Wellness Committee Goals for review at the next meeting.</p>
<p>UNIVERSITY COUNCIL UPDATE KRIS KRAFT</p>	
DISCUSSION	<p>The University Council meeting will take place Tuesday, September 13th from 3 to 5 in SU 312.</p>
<p>NEW BUSINESS</p>	
DISCUSSION	<p>Olsen introduced Lisa Ritenour who is a Wellness Coach. Ritenour informed the committee about the Wellness Wednesday program. She is working on health awareness campus wide.</p> <p>There was a brief discussion regarding meeting dates/times. It was decided that the committee will alternate between Mondays and Tuesday to try and capture better attendance.</p> <p>The meeting was adjourned at 2:30 p.m. by unanimous consent.</p>

Recreation and Wellness

MINUTES

DATE: SEPTEMBER 12, 2016 TIME: 1:30

LOCATION: REC CENTER
Conference Room

MEETING CALLED BY	John MacDonald, Administrator	
TYPE OF MEETING	Monthly Meeting	
PRESIDER	Kristine Kraft, Chair	
NOTE TAKER	Linda Smith	
ATTENDEES	<p>Members: John MacDonald, Kris Kraft, David Gordon, Jeffrey Franks, Tony Ross, Amanda Montemayor</p> <p>Absent with notice: James Thomson, Kathern Sigal Papp, Marci Tomajko, Jaclyn Scarborough, Peggy Walchalk, Trevon Burgins</p> <p>Other attendees: Alma Olsen, Mohamad Serham (NEOMED student)</p>	
Agenda topics:		
1:30	CALL TO ORDER	KRIS KRAFT
DISCUSSION	The chair called the meeting to order. A quorum was not present so a vote will be taken via e-mail for approval of minutes.	
GOALS UPDATE		
DISCUSSION	<p>Kraft noted that a vote will be taken via e-mail for approval of the 2017 Goals to be submitted to University Council prior to the deadline of September 30th.</p> <p>It was noted that Harvey Sterns and Rex Ramsier will be supporting a request for a year round food pantry on campus for students. The committee has been asked to review and consider. More information will be forthcoming.</p>	
UNIVERSITY COUNCIL UPDATE		
DISCUSSION	Kraft reported that now that the Bylaws have been passed it is expected that there will be more involvement from UC and Rex Ramsier. Tiger Team action items and comments will be split between appropriate University Council Committees. The smoke free policy/rules will be presented to the Board of Trustees in December.	
CLINIC INTEGRATION RFP		
DISCUSSION	<p>Dr. Gordon was present to discuss any questions and/or comments regarding the RFP process for the clinic integration. He reported that Bow Tie and Summa were the only responders to the RFP and that Summa has now pulled out. Rex is concerned and wants to avoid any increase in fees.</p> <p>MacDonald indicated that the committee needs to look at numbers before it can support/pitch this to University Council. Gordon will gather this information.</p>	

NEW BUSINESS

DISCUSSION

The next meeting is scheduled for October 11, 2016 at 1:30.

The meeting was adjourned at 2:40 p.m. by unanimous consent.

Recreation and Wellness

MINUTES

DATE: OCTOBER 11, 2016 TIME: 1:30

LOCATION: REC CENTER
Conference Room

MEETING CALLED BY	John MacDonald, Administrator	
TYPE OF MEETING	Monthly Meeting	
PRESIDER	Kristine Kraft, Chair	
NOTE TAKER	Linda Smith	
ATTENDEES	<p>Members: John MacDonald, Kris Kraft, Jeffrey Franks, Tony Ross, Kathern Sigal Papp, Marci Tomajko,</p> <p>Absent with notice: James Thomson, Amanda Montemayor, Elena Stamm, Trevon Burgins</p> <p>Other attendees: Alma Olsen, Annette Mitzel</p>	
Agenda topics:		
1:30	CALL TO ORDER	KRIS KRAFT
DISCUSSION	<ol style="list-style-type: none"> The chair called the meeting to order. She asked for additions to the agenda. There being none, the agenda was approved as distributed by unanimous consent. The chair asked for additions or corrections to the September 12, 2016 Minutes. There being none, the minutes were approved as distributed by unanimous consent. The minutes will be posted to the UC SharePoint site. 	
CURRENT ISSUES		
DISCUSSION	<p>Kraft led a discussion regarding Rex Ramsier's Topic Submission regarding the suggestion of having a food pantry on campus. The committee agreed that there is a need for student assistance in this regard, but also voiced several concerns such as legal issues and safety. The suggested Response was reviewed and there was unanimous consent to approve and submit the Response with changes.</p> <p>MacDonald reported that legal and board language has been added to the Tobacco Free Policy and will be presented to the Board of Trustees in December.</p> <p>With the departure of Dr. Gordon, Annette Mitzel gave a report and update to the committee regarding the history and current status of merging the medical clinics on campus. Biggest issue being that there is no way to project revenue without a great amount of time and effort. Mitzel asked the committee if there is value in going forward with this project. Committee agrees that there is value, but timing is not good with the financial state of the University.</p>	
NEW BUSINESS		
DISCUSSION	<p>The next meeting is scheduled for November 7, 2016 at 1:30.</p> <p>The meeting was adjourned at 2:31 p.m. by unanimous consent.</p>	

Recreation and Wellness

MINUTES

DATE: NOVEMBER 7, 2016 TIME: 1:30

LOCATION: REC CENTER
Conference Room

MEETING CALLED BY	John MacDonald, Administrator
TYPE OF MEETING	Monthly Meeting
PRESIDER	Kristine Kraft, Chair
NOTE TAKER	Linda Smith
ATTENDEES	<p>Members: John MacDonald, Kris Kraft, Jeffrey Franks, Tony Ross, Kathern Sigal Papp, Marci Tomajko, Katie Holcolm</p> <p>Absent with notice: James Thomson, Amanda Montemayor, Elena Stamm</p> <p>Other attendees: Alma Olsen, Julie Ann Boylen</p>
Agenda topics:	
1:30	CALL TO ORDER KRIS KRAFT
DISCUSSION	<ol style="list-style-type: none"> The chair called the meeting to order. She asked for additions to the agenda. There being none, the agenda was approved as distributed by unanimous consent. The chair asked for additions or corrections to the October 11, 2016, 2016 Minutes. There being none, the minutes were approved as distributed by unanimous consent. The minutes will be posted to the UC SharePoint site.
CURRENT ISSUES	
DISCUSSION	<p>Alma Olsen introduced guest Julie Ann Boylen. Julie is a USG Senator and a member of LGBTUA. Julie came to this meeting to bring health services/issues to the committee's attention. Julie discussed two issues (1) the need for locked sharps containers around campus for the disposal of hypodermic needles and (2) the need for universal bathrooms on campus. The committee is in support and will discuss these issues with Harvey Sterns and Dave Tiller. Julie indicated that she would prepare a summary that could be presented to others in support of these issues.</p> <p>Kraft gave a UC update. Both Wilson and Ramsier spoke at the last meeting. Bits and Atoms and Stark State were discussed. There is no update on the non-smoking policy, but it is scheduled to be on the agenda for the December BOT meeting. No news on the College of Health Professions Dean search.</p>
NEW BUSINESS	
DISCUSSION	<p>The next meeting is scheduled for December 6, 2016 at 1:30.</p> <p>The meeting was adjourned at 2:15 p.m. by unanimous consent.</p>

Recreation and Wellness

MINUTES

DATE: DECEMBER 6, 2016 TIME: 1:30

LOCATION: REC CENTER
Conference Room

MEETING CALLED BY	John MacDonald, Administrator	
TYPE OF MEETING	Monthly Meeting	
PRESIDER	Kristine Kraft, Chair	
NOTE TAKER	Linda Smith	
ATTENDEES	<p>Members: John MacDonald, Kris Kraft, Jeffrey Franks,</p> <p>Absent: James Thomson, Tony Ross, Kathern Sigal Papp, Marci Tomajko, Katie Holcolm; Amanda Montemayor, Elena Stamm</p>	
<p>Agenda topics:</p> <p>1:30 CALL TO ORDER KRIS KRAFT</p>		
DISCUSSION	1. There was no quorum present at this meeting.	
CURRENT ISSUES		
DISCUSSION	There was a brief discussion regarding food insecurity and the need for a food pantry on campus. Kraft is preparing a draft survey to distribute to campus.	
NEW BUSINESS		
DISCUSSION	There will not be a January meeting. Meetings will resume on Tuesday, February 7 th	
	The meeting was adjourned at 2:15 p.m. by unanimous consent.	