

UC Athletics and Recreation

MINUTES

FEBRUARY 18, 2013 2:00 – 3:00 PM

ATHLETICS AND RECREATION

MEETING CALLED BY	MEETING OPENED AT: 2:05 pm
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kent Marsden
NOTE TAKER	Mary Cooke
ATTENDEES	<p>Present: Mary Cooke, Roberta DePompei, Becky Gibson-Lee, Nancy Homa, Kris Kraft, Kent Marsden, Jim Walczyk</p> <p>Excused: Brian Anderson, Anthony Fosselman, Candace Campbell Jackson, Mike Kimble, Tom Wistrill</p> <p>Not present: Anthony Burrows, Vicki Rostedt</p>

Agenda topics

APPROVAL OF MINUTES FROM LAST MEETING

KENT MARSDEN

DISCUSSION	Approval of minutes of January 22, 2013		
Discussion: none.			
Vote: unanimous approval.			
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

UNIVERSITY COUNCIL UPDATE

KENT MARSDEN

DISCUSSION	Kent Marsden presented an update from the University Council.	
	(1) The Higher Learning Commission visit will be March 3 – 6, 2013.	
	(2) The Bylaws for University Council were voted on and adopted by University Council last week. They are being prepared for submission to the President and then the Board of Trustees.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE

CONTINUE DISCUSSION ON POSSIBLE REALIGNMENT OF COMMITTEE

KENT MARSDEN

DISCUSSION	Kent proposed for consideration taking the Athletics Department out of this committee and allowing Athletics to work with the Faculty Senate Committee on Athletics.	
	This would make our committee the University Council “Recreation and Wellness Committee” to focus on campus wellness and the Student Recreation and Wellness Services.	
	<ul style="list-style-type: none"> In terms of Wellness, we have a subcommittee that is working to bring together the various programs, goals and services across campus, as well as defining what else needs to be put in place, to meet the needs of faculty, staff, and students in a comprehensive view of wellness. 	
	We will be able to invite whomever we need from Athletics as needed to attend our meetings, but this will clarify our focus and efforts as a University Council committee.	
	It was suggested that right order would be for Kent to take to University Council the recommendation from our committee to change ours to the Wellness and Recreation Committee.	
CONCLUSIONS	Kent will bring the idea up at UC Steering Committee this week, and then he will bring it back to our committee for any further discussion and a vote.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Kent Marsden will discuss the idea at UC Steering Committee and bring it back to our committee in March.	Kent Marsden	3/19/2013

ISSUE BRIEF UPDATE

KENT MARSDEN

DISCUSSION	Kent reported that Candace Campbell Jackson decided that the Rec Center should remain open during home football games. Kent will respond to the student who submitted the issue brief, and he will also send a letter to Tom Wistrill, the Athletic Director, regarding the decision.	
	This decision will not adversely affect the SRWS budget.	

CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
<p>Kent Marsden will write to the student who submitted the issue brief regarding the resolution of the issue.</p> <p>Kent will also write a letter to Tom Wistrill regarding the decision.</p>	Kent Marsden	3/19/2013

MEETING ADJOURNED AT: 2:35 pm

UC Recreation and Wellness

MINUTES

SEPTEMBER 23, 2013 9:00 – 10:00 AM

RECREATION AND WELLNESS

MEETING CALLED BY	MEETING OPENED AT: 9:00 am
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kris Kraft
NOTE TAKER	Mary Cooke
ATTENDEES	Kim Beyer (for Candace Campbell Jackson), Mary Cooke, Mary Jane Grebenc, Kathleen Hurley, Kris Kraft, John MacDonald, Kent Marsden, Jamie Parker Excused: Roberta DePompeii, Becky Gibson-Lee, Sharon Logue, Vicki Rostedt

Agenda topics

NEW MEMBER INTRODUCTIONS

KENT MARSDEN

DISCUSSION	Kris led introductions of all committee members to one another since there were many new members present.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

APPROVAL OF MINUTES FROM LAST MEETING

KENT MARSDEN

DISCUSSION	Approval of minutes of June 13, 2013		
	There was no discussion on the minutes, and they were approved.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

OVERVIEW OF UNIVERSITY COUNCIL

KENT MARSDEN

DISCUSSION	Kent Marsden gave an overview of University Council and the Standing Committees, including a brief history, the purpose, and that UC is all about communication and open communication of the campus community. Kent also said there may be a change to make a direct line from each standing committee through its Vice President to the President’s Council. This would eliminate everything going through the whole University Council first and would streamline communication.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

OVERVIEW OF SHAREPOINT

MARY COOKE

	Mary gave a brief overview of SharePoint as it is used by University Council. She highlighted that the UC SharePoint is a place where information on the work of all committees, including the large UC and Steering Committee may be found.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	
Mary will send an email to Kathleen and Jamie with links to the UC web page and SharePoint login and information. Jamie and Kathleen may contact Mary with any questions.	Mary Cooke	September 27, 2013	

NEED TO UPDATE COMMITTEE GOALS

KRIS KRAFT

DISCUSSION	<p>With the new focus of our committee on recreation and wellness, we need to redefine the goals of our committee. Kris asked John MacDonald to give a presentation on SRWS.</p> <p>The Powerpoint presentation was very complete and informative, listing clear statistics regarding the Rec Center, the challenges identified by the Rec Center’s leadership team, and their goals.</p> <p>Kent said our committee is charged with the challenge to bring together all the individual wellness programs on campus and make one comprehensive program. We want to encompass students, faculty, and staff – everyone in the campus community.</p>		
CONCLUSIONS			

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE

SUCCESSFUL U APP - COMMENTS

COMMITTEE DISCUSSION

DISCUSSION	As we were finishing the presentation, the comment was made that many students do not know or use the “Successful U” app on their phones. An excellent discussion ensued. The point was made that the app does not justify the amount of storage space it takes up on a phone, so it is not of interest to students. It was also mentioned that many students find the app very cumbersome and time consuming to use.
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An example was giving of another university’s advising structure, and undergraduate students receiving each semester a letter outlining what courses remained in their progress towards their degree. Many students at UA do not know where they are in their progress, and they have not been shown how to use DARS other than with a brief overview.

Another comment was made that there are successful programs and initiatives already in place on campus, and the successful components of these could be implemented for areas in need of improvement. The example given was Assoc. VP Adam Smith’s initiative with African-American male students and the difference it is making in student’s lives.

In terms of wellness, the new healthy Zee’s is a step in the right direction, but when almond butter, for example, sells for \$16, it is cost prohibitive for students. It was also mentioned that even costs of healthy foods were excessive compared to that of unhealthy food. Wellness initiatives need to be affordable.

CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE

AGENDA ITEMS FOR NEXT MEETING

KRIS KRAFT

DISCUSSION	Kris suggested we make Setting our Committee Goals the main topic of our next committee meeting.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Kris will make our Committee Goals the main topic for our next meeting.	Kris Kraft	

FALL 2013 MEETING DATES

KRIS KRAFT

DISCUSSION	Kris gave the dates of our fall 2013 committee meetings. Meetings will be on the 3 rd Monday of each month, from 9:00 – 10:00 am in the SRWC Conference Room (Rm 233).		
Dates: Oct. 21, Nov. 18, Dec. 16.			
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	
All members should make note of future meeting dates.			

MEETING ADJOURNED AT: 10:00 am

UC Recreation and Wellness

MINUTES

OCTOBER 21, 2013

9:00 – 10:00 AM

RECREATION AND WELLNESS

MEETING CALLED BY	MEETING OPENED AT: 9:00 am
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kris Kraft
NOTE TAKER	Mary Cooke
ATTENDEES	Kim Beyer (for Candace Campbell Jackson), Mary Cooke, Roberta DePompei, Mary Jane Grebenc, Kathleen Hurley, Kris Kraft, John MacDonald, Jamie Parker Excused: AJ Fosselman, Kent Marsden, Becky Gibson-Lee

Agenda topics

APPROVAL OF MINUTES FROM LAST MEETING

KRIS KRAFT

DISCUSSION	Kris presented the minutes from our September 23, 2013, meeting. A motion was made and seconded, and there was no discussion.		
CONCLUSIONS	The minutes were approved.		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

UNIVERSITY COUNCIL UPDATE

KRIS KRAFT

DISCUSSION	Stacy Moore is the Chair of University Council; Harvey Stearns is the Vice Chair, and Suzanne Testerman is the Secretary.		
	University Council is still working on the by-laws for the council.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

SECRETARY OF RECREATION AND WELLNESS
COMMITTEE

KRIS KRAFT

DISCUSSION	Kris Kraft proposed Jamie Parker to be our new secretary for our standing committee.	
CONCLUSIONS	A motion was made and seconded; Jamie is the new secretary for our committee.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE

QUESTION OF E-CIGARETTES IN THE
CLASSROOM.

KRIS KRAFT

	Kris raised the question of whether students could use e-cigarettes in class. A question was raised as to the definition of smoking, and if an e-cigarette fit that definition. It may be an item that an instructor needs to list on the syllabus as being unacceptable in that class.	
CONCLUSIONS	Suggested Action: Kris check with legal on the definition of smoking, Kris check if there is already a University policy on this, send to University Council, and if the policy needs to be re-stated for in the classroom, we should do so.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Kris will research any discussion or policies that may have already been discussed on the University level and report back to the committee.	Kris Kraft	11/18/2013

WELLNESS POLICY STATEMENT NEEDED

ROBERTA DEPOMPEI

DISCUSSION	Roberta attended a presentation where the speaker stated that the University needs a wellness policy statement that comes from the faculty, the administration and approved By the Board of Trustees. The committee agreed, and felt this would help promote a culture of wellness, which is needed as well. The purpose is so the University states that wellness is a real Priority and that the University is committed to a wellness program on campus for faculty, students, and staff. Kris Kraft met with with Janine Janosky from the Austen BioInnovation Institute, and they discussed the same point and felt it was needed as well.	
CONCLUSIONS	Action: our committee should write up a statement, send the statement through University Council and Candace Campbell Jackson's office (our committee VP). Coming from UC, the statement should go to the administration.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
We will discuss at our next meeting.	Kris Kraft (add to agenda)	11/18/2013

DISCUSSION	Drafts of our committee goals (based on the goals of our previous committee) were distributed for discussion. In discussion, it was asked if UA employees get a discount at memberships at gyms (other than the SRWC). The suggestion was made to have “How to Get Started” sessions that would teach newcomers how to use equipment and develop a routine with which they could begin. John McDonald said there are videos being prepared along these lines.
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Another question was raised on whether we could have “faculty/staff only” sessions because it is awkward for some people to exercise by students (who may be their students in class), particularly if the faculty/staff member is just starting to work out. Perhaps use the older equipment in the ONAT. The goal is to have everyone working out together on the newer equipment, but there may need to be some transitional training for those new to exercising or using weight machines, etc.

A suggestion was made for a launch event for the Rec Center to promote it for faculty/staff and others. A suggestion was made for Health and Wellness fairs at SRWC to have tour guides take small groups as they arrive on a tour as their first “event” of the fair. University Communications and Marketing is making short videos to promote the Rec Center to the campus community.

Roberta suggested we promote campus donations to the Student Emergency Pantry. She suggested we put an announcement in the Email Digest from our Committee to encourage departments to put a donation box in their department.

CONCLUSIONS	We will continue to discuss this at future committee meetings.		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

DISCUSSION	The remainder fall 2013 committee meetings will be on the 3 rd Monday of November (11/18) and December (12/16), from 9:00 – 10:00 am in the SRWC Conference Room (Rm 233).		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	
All members should make note of future meeting dates.			

MEETING ADJOURNED AT: 10:00 am

UC Recreation and Wellness

MINUTES

DECEMBER 2, 2013

9:00 – 10:00 AM

RECREATION AND WELLNESS

MEETING CALLED BY	MEETING OPENED AT: 11:00 am
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kris Kraft
NOTE TAKER	Jamie Parker
ATTENDEES	Mary Cooke, Roberta DePompei, A.J. Fosselman, Becky Gibson-Lee, Mary Jane Grebenc, Kathleen Hurley, Kris Kraft, John MacDonald, Kent Marsden, Jamie Parker Excused:

Agenda topics

APPROVAL OF MINUTES FROM LAST MEETING

KRIS KRAFT

DISCUSSION	We will vote on previous minutes at the next meeting due to the transition between secretaries of the committee.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

UPDATE ON E-CIGARETTES AND SMOKING ON CAMPUS

KRIS KRAFT

DISCUSSION	Kris Kraft spoke with John Reilly, and the discussion moved to a campus ban on smoking. Kent mentioned that this may be something that the state must ban, but Roberta DePompei shared the Non-Smoking Policy for the College of Health Professions (CHP) that was approved by the Office of Legal Counsel.
	Our committee made on minor amendment to include all tobacco use as well as smoking and discussed promoting this policy among other colleges and the entire campus.
	The committee was asked to research how other campuses have gone smoke free.
CONCLUSIONS	A motion was made and seconded, and unanimously approved, to take the non-smoking policy of CHP, with friendly amendments, to University Council.

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Each committee member should research how other campuses have gone smoke free.	Each committee member	Next meeting

GOALS

KRIS KRAFT

DISCUSSION	Long term and short term goals of our committee were read aloud and discussed. We adjusted them accordingly so they may be presented to University Council.	
John MacDonald discussed the improvements SRWS did to Buchtel field to make it usable for students after the tennis courts were moved there. SRWS had to pay for the work done, which our committee felt needs to be known in our efforts to get more funded for student club and intramural sports.		
CONCLUSIONS	A motion was made and seconded; and it was unanimous to take our goals, with friendly amendments, to University Council.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Kris Kraft will get approval on friendly amendments on the list of committee goals and take to University Council.	Kris Kraft	12/10/2013

SPRING SEMESTER MEETINGS

KRIS KRAFT

	The committee was asked to send Jamie Parker our availability for a regular meeting time in spring semester.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Everyone should send their meeting availability in Spring to Jamie Parker.	Each committee member	

WELLNESS WEBINARS

KRIS KRAFT

DISCUSSION	Kris asked Roberta to distribute a flier on campus wellness webinars being offered twice a month beginning on December 13. The committee was encouraged to	
Participate in the webinars as research on our development of a comprehensive wellness program for UA.		
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Each committee member should try to participate in the webinars being offered on campus wellness programs.	Each committee member	Webinars begin on Dec. 13.

The meeting was adjourned at 11:55 a.m.