



University Council

Recreation and Wellness Committee Goals for the UC year ending August 31, 2020

Chair: Kristine Kraft Officer Term: 2018-2020

Vice Chair: John Roncone Officer Term: 2019-2021

Secretary: vacant Officer Term: _____

Goal	Priority Number	How Will Goal Be Measured?
<p>Begin Wellness Program at The University of Akron</p> <p>Research guidelines of a holistic Wellness program to enhance campus lifestyles for all campus constituents.</p> <p>Action items:</p> <ul style="list-style-type: none">- Follow up on the Wellness Statement was sent to HR for implementation- Identify campus constituents that are capable of strengthening and enhancing a wellness program- Support Talent Development and Human Resources committee on recommendations for benefit incentives to aid health and wellness.- Report on the nutrition of campus dining centers on campus in regard to wellness, nutrition, and programs	1	<ul style="list-style-type: none">- Develop Strategic Plan to implement a wellness program at The University of Akron- Research and outline will be presented to UC- Request nutritional information from Aramark and the promotion of healthy dining options/decisions on campus.
Immunizations	2	<ul style="list-style-type: none">- Research the process of implementing immunizations on campus- Research the implementation of the Measles vaccine- Research the implementation of the Meningitis B

<p>Support awareness outreach and related education to all students, faculty and staff regarding Title IX, Campus SAVE and the Violence Against Women Act, and AOD.</p> <p>Action items: Link resources and information to the Wellness website and other related locations.</p>	<p>3</p>	<ul style="list-style-type: none"> - Report on current and future resources location information - New outreach opportunities and locations shared with SAVE and AOD task forces - Postings in new locations will be recommended - Add components of Title IX/AOD support and actions to the Wellness Website - Share Zip Assist and Akron Resources
<p>Research food insecurity at The University of Akron</p> <p>Follow up on Student Union Food Pantry utilization</p>	<p>4</p>	<ul style="list-style-type: none"> - Report out of Food Insecurity Survey and compare to the Nutrition and Dietetics FURVED Survey - Interpret data and present to UC